

**Park City Aquatic Team**

**RECORDS PCAT Team Records**

**LC Meters-Girls**

10 & U	50 Free	32.87	16-Jun-10	PCAT	Milava Shumilova	
	100 Free	1:11.01	28-Jul-10	PCAT	Milava Shumilova	
	200 Free	2:33.94	28-Jul-10	PCAT	Milava Shumilova	
	400 Free	5:38.20	29-Jul-09	PCAT	Lily Castro	
	50 Back	38.06	16-Jun-10	PCAT	Milava Shumilova	
	100 Back	1:18.72	28-Jul-10	PCAT	Milava Shumilova	
	50 Breast	45.34	1-Jul-10	PCAT	Milava Shumilova	
	100 Breast	1:32.72	28-Jul-10	PCAT	Milava Shumilova	
	50 Fly	37.78	11-Jun-10	PCAT	Milava Shumilova	
	100 Fly	1:19.34	28-Jul-10	PCAT	Milava Shumilova	
	200 IM	2:50.27	28-Jul-10	PCAT	Milava Shumilova	
	200 Free Relay	2:21.25	29-Jul-09	PCAT	Park City Aquatic Team	M. Shumilova, L. Castro, J. Hess, R. Selznick
	400 Free Relay	6:06.09	28-Jul-10	PCAT	Park City Aquatic Team	K. Hale, E. Beller, A. Malloy, M. Shumilova
	200 Medley Relay	2:39.51	29-Jul-09	PCAT	Park City Aquatic Team	L. Castro, J. Hess, R. Selznick, M. Shumilova
	400 Medley Relay	8:00.00	1-Jan-06	PCAT	Coming Soon	
	11-12	50 Free	31.04	29-Jul-09	PCAT	Becca Selznick
100 Free		1:07.08	29-Jul-09	PCAT	Becca Selznick	
200 Free		2:28.60	16-Jun-10	PCAT	Mara Selznick	
400 Free		5:12.21	29-Jul-09	PCAT	Becca Selznick	
800 Free		15:00.00	1-Jan-06	PCAT	Coming Soon	
1500 Free		27:00.00	1-Jan-06	PCAT	Coming Soon	
50 Back		35.75	26-Jul-06	PCAT	Talie Anchustegui	
100 Back		1:17.60	26-Jul-06	PCAT	Talie Anchustegui	
200 Back		2:44.72	28-Jul-10	PCAT	Mara Selznick	
50 Breast		38.91	29-Jul-09	PCAT	Erin Garinger	
100 Breast		1:29.21	17-Jun-09	PCAT	Erin Garinger	
200 Breast		3:12.23	29-Jul-09	PCAT	Erin Garinger	
50 Fly		34.57	28-Jul-10	PCAT	Mara Selznick	
100 Fly		1:18.08	28-Jul-10	PCAT	Mara Selznick	
200 Fly		2:57.38	28-Jul-10	PCAT	Mara Selznick	
200 IM		2:50.73	16-Jun-10	PCAT	Mara Selznick	
400 IM		6:00.79	28-Jul-10	PCAT	Mara Selznick	
200 Free Relay		2:09.68	29-Jul-09	PCAT	Park City Aquatic Team	R. Selznick, B. Burke, M. Selznick, E. Garinger
400 Free Relay		4:36.97	29-Jul-09	PCAT	Park City Aquatic Team	E. Garinger, B. Burke, M. Selznick, R. Selznick
200 Medley Relay		2:25.99	29-Jul-09	PCAT	Park City Aquatic Team	B. Burke, E. Garinger, M. Selznick, R. Selznick
400 Medley Relay	8:00.00	1-Jan-06	PCAT	Coming Soon		
13-14	50 Free	28.52	30-Jul-08	PCAT	Talie Anchustegui	
	100 Free	1:03.07	30-Jul-08	PCAT	Talie Anchustegui	
	200 Free	2:17.15	30-Jul-08	PCAT	Talie Anchustegui	
	400 Free	4:59.06	2-Jul-08	PCAT	Talie Anchustegui	
	800 Free	10:05.48	30-Jul-08	PCAT	Talie Anchustegui	
	1500 Free	19:13.59	30-Jul-08	PCAT	Talie Anchustegui	
	100 Back	1:11.78	30-Jul-08	PCAT	Talie Anchustegui	
	200 Back	2:35.76	30-Jul-08	PCAT	Talie Anchustegui	
	100 Breast	1:29.13	30-Jul-08	PCAT	Marissa Bell	
	200 Breast	3:14.21	30-Jul-08	PCAT	Marissa Bell	
	100 Fly	1:11.08	2-Jul-08	PCAT	Talie Anchustegui	
	200 Fly	2:44.64	30-May-08	PCAT	Talie Anchustegui	

## Park City Aquatic Team

### RECORDS PCAT Team Records

13-14	200 IM	2:40.87	<b>30-May-08</b>	PCAT	Talie Anchustegui		
	400 IM	5:43.22	<b>18-Jun-08</b>	PCAT	Talie Anchustegui		
	200 Free Relay	2:04.41	<b>30-Jul-08</b>	PCAT	Park City Aquatic Team	M. Bell, E. Sipple, H. Shand, N. Anchustegui	
	400 Free Relay	4:32.09	<b>30-Jul-08</b>	PCAT	Park City Aquatic Team	M. Bell, H. Shand, E. Sipple, N. Anchustegui	
	200 Medley Relay	4:00.00	<b>1-Jan-06</b>	PCAT	Coming Soon		
	400 Medley Relay	5:07.36	<b>30-Jul-08</b>	PCAT	Park City Aquatic Team	E. Sipple, M. Bell, N. Anchustegui, H. Shand	
15 & O	50 Free	28.43	<b>30-Jul-08</b>	PCAT	Sam Case		
	100 Free	1:01.69	<b>30-Jul-08</b>	PCAT	Sam Case		
	200 Free	2:15.42	<b>30-Jul-08</b>	PCAT	Sam Case		
	400 Free	4:57.32	<b>17-Jun-09</b>	PCAT	Lyndsay Shand		
	800 Free	10:35.92	<b>28-Jul-10</b>	PCAT	Marissa Bell		
	1500 Free	19:50.16	<b>28-Jul-10</b>	PCAT	Marissa Bell		
	100 Back	1:14.29	<b>29-Jul-09</b>	PCAT	Hailey Shand		
	200 Back	2:39.82	<b>29-Jul-09</b>	PCAT	Hailey Shand		
	100 Breast	1:28.35	<b>21-Jul-07</b>	PCAT	Julia Mollner		
	200 Breast	3:16.50	<b>21-Jul-07</b>	PCAT	Caitlin Palmer		
	100 Fly	1:06.98	<b>30-Jul-08</b>	PCAT	Sam Case		
	200 Fly	2:44.01	<b>8-Aug-06</b>	PCAT	Sam Case		
	200 IM	2:38.53	<b>30-Jul-08</b>	PCAT	Sam Case		
	400 IM	5:52.56	<b>29-Jul-09</b>	PCAT	Marissa Bell		
	200 Free Relay	2:00.16	<b>29-Jul-09</b>	PCAT	Park City Aquatic Team	L. Shand, L. Selznick, M. Bell, H. Shand	
	400 Free Relay	4:24.20	<b>29-Jul-09</b>	PCAT	Park City Aquatic Team	L. Shand, H. Shand, S. Testa, L. Selznick	
	200 Medley Relay	4:00.00	<b>1-May-10</b>	PCAT	Coming Soon		
	400 Medley Relay	5:04.12	<b>12-Jul-00</b>	PCAT	Park City Aquatic Team		
	Senior	50 Free	28.43	<b>30-Jul-08</b>	PCAT	Sam Case	
		100 Free	1:01.69	<b>30-Jul-08</b>	PCAT	Sam Case	
200 Free		2:15.42	<b>30-Jul-08</b>	PCAT	Sam Case		
400 Free		4:57.32	<b>17-Jun-09</b>	PCAT	Lyndsay Shand		
800 Free		10:05.48	<b>30-Jul-08</b>	PCAT	Talie Anchustegui		
1500 Free		19:13.59	<b>30-Jul-08</b>	PCAT	Talie Anchustegui		
100 Back		1:11.78	<b>30-Jul-08</b>	PCAT	Talie Anchustegui		
200 Back		2:35.76	<b>30-Jul-08</b>	PCAT	Talie Anchustegui		
100 Breast		1:28.35	<b>21-Jul-07</b>	PCAT	Julia Mollner		
200 Breast		3:14.21	<b>30-Jul-08</b>	PCAT	Marissa Bell		
100 Fly		1:06.98	<b>30-Jul-08</b>	PCAT	Sam Case		
200 Fly		2:44.01	<b>8-Aug-06</b>	PCAT	Sam Case		
200 IM		2:38.53	<b>30-Jul-08</b>	PCAT	Sam Case		
400 IM		5:43.22	<b>18-Jun-08</b>	PCAT	Talie Anchustegui		
200 Free Relay		2:00.16	<b>29-Jul-09</b>	PCAT	Park City Aquatic Team	L. Shand, L. Selznick, M. Bell, H. Shand	
400 Free Relay		4:24.20	<b>29-Jul-09</b>	PCAT	Park City Aquatic Team	L. Shand, H. Shand, S. Testa, L. Selznick	
200 Medley Relay		2:25.99	<b>29-Jul-09</b>	PCAT	Park City Aquatic Team	B. Burke, E. Garinger, M. Selznick, R. Selznick	
400 Medley Relay		5:04.12	<b>12-Jul-00</b>	PCAT	PCAT		

## Park City Aquatic Team

### RECORDS PCAT Team Records

#### LC Meters-Boys

10 & U	50 Free	33.61	<b>26-Jul-06</b>	PCAT	Jaren Lockwood	
	100 Free	1:14.17	<b>30-Jul-08</b>	PCAT	Vincent Hess	
	200 Free	2:48.99	<b>30-Jul-08</b>	PCAT	Vincent Hess	
	400 Free	6:36.66	<b>26-Jun-09</b>	PCAT	Brody Burke	
	50 Back	39.50	<b>5-Aug-08</b>	PCAT	Vincent Hess	
	100 Back	1:27.87	<b>30-Jul-08</b>	PCAT	Vincent Hess	
	50 Breast	41.59	<b>5-Aug-08</b>	PCAT	Vincent Hess	
	100 Breast	1:33.18	<b>30-Jul-08</b>	PCAT	Vincent Hess	
	200 Breast	3:58.20	<b>16-May-06</b>	PCAT	Erik Arvidsson	
	50 Fly	43.56	<b>1-Jul-10</b>	PCAT	Lucas Hess	
	100 Fly	1:36.44	<b>28-Jul-10</b>	PCAT	Lucas Hess	
	200 IM	3:21.41	<b>29-Jul-09</b>	PCAT	Brody Burke	
	200 Free Relay	2:47.11	<b>25-Jul-07</b>	PCAT	Park City Aquatic Team	V. Hess, N. Anchustegui, C. Martin, B. Sipple
	400 Free Relay	6:50.31	<b>28-Jul-10</b>	PCAT	Park City Aquatic Team	Q. Tyler, A. Shumilov, L. Hess
	200 Medley Relay	3:06.73	<b>25-Jul-07</b>	PCAT	Park City Aquatic Team	N. Anchustegui, V. Hess, B. Sipple, C. Martin
	400 Medley Relay	8:00.00	<b>1-Jan-06</b>	PCAT	Coming Soon	
11-12	50 Free	30.59	<b>28-Jul-10</b>	PCAT	Vincent Hess	
	100 Free	1:06.62	<b>28-Jul-10</b>	PCAT	Vincent Hess	
	200 Free	2:27.95	<b>28-Jul-10</b>	PCAT	Vincent Hess	
	400 Free	5:16.44	<b>30-Jul-08</b>	PCAT	Drew Sipple	
	800 Free	15:00.00	<b>1-Jan-06</b>	PCAT	Coming Soon	
	1500 Free	27:00.00	<b>1-Jan-06</b>	PCAT	Coming Soon	
	50 Back	37.73	<b>30-Apr-10</b>	PCAT	Vincent Hess	
	100 Back	1:19.15	<b>18-Jun-08</b>	PCAT	Jaren Lockwood	
	200 Back	2:55.76	<b>25-Jul-07</b>	PCAT	Trick Graf	
	50 Breast	38.84	<b>28-Jul-10</b>	PCAT	Vincent Hess	
	100 Breast	1:23.47	<b>28-Jul-10</b>	PCAT	Vincent Hess	
	200 Breast	3:04.13	<b>28-Jul-10</b>	PCAT	Vincent Hess	
	50 Fly	34.53	<b>20-Jun-07</b>	PCAT	Trick Graf	
	100 Fly	1:21.40	<b>25-Jul-07</b>	PCAT	Trick Graf	
	200 Fly	3:18.93	<b>30-Jun-07</b>	PCAT	Trick Graf	
	200 IM	2:55.03	<b>16-Jun-10</b>	PCAT	Vincent Hess	
	400 IM	6:16.16	<b>28-Jul-10</b>	PCAT	Vincent Hess	
	200 Free Relay	4:00.00	<b>1-Jan-06</b>	PCAT	Coming Soon	
	400 Free Relay	5:32.86	<b>25-Jul-07</b>	PCAT	Park City Aquatic Team	P. Graf, J. Miskin, H. Zwahlen, J. Lockwood
	200 Medley Relay	2:58.65	<b>25-Jul-07</b>	PCAT	Park City Aquatic Team	H. Miskin, H. Zwahlen, J. Lockwood, J. Miskin
400 Medley Relay	8:00.00	<b>1-Jan-06</b>	PCAT	Coming Soon		
13-14	50 Free	27.38	<b>17-Jun-09</b>	PCAT	Dusty Ragland	
	100 Free	59.40	<b>1-Jul-09</b>	PCAT	Dusty Ragland	
	200 Free	2:14.70	<b>1-Jul-09</b>	PCAT	Dusty Ragland	
	400 Free	4:57.79	<b>30-Jul-08</b>	PCAT	Trick Graf	
	800 Free	10:17.37	<b>29-Jul-09</b>	PCAT	Zach Carfi	
	1500 Free	19:43.07	<b>29-Jul-09</b>	PCAT	Zach Carfi	
	100 Back	1:11.21	<b>1-Jul-09</b>	PCAT	Dusty Ragland	
	200 Back	2:32.90	<b>30-Jul-08</b>	PCAT	Hayden Peterson	
	100 Breast	1:16.92	<b>29-Jul-09</b>	PCAT	Zach Carfi	
	200 Breast	2:50.03	<b>29-Jul-09</b>	PCAT	Zach Carfi	
	100 Fly	1:07.38	<b>17-Jun-09</b>	PCAT	Dusty Ragland	

**Park City Aquatic Team**

**RECORDS PCAT Team Records**

13-14	200 Fly	2:41.31	<b>30-Jul-08</b>	PCAT	Trick Graf	
	200 IM	2:35.56	<b>29-Jul-09</b>	PCAT	Zach Carfi	
	400 IM	5:34.32	<b>30-Jul-08</b>	PCAT	Trick Graf	
	200 Free Relay	1:57.22	<b>30-Jul-08</b>	PCAT	Park City Aquatic Team	C. Peterson, P. Graf, J. Palmer, D. Ragland
	400 Free Relay	4:22.83	<b>30-Jul-08</b>	PCAT	Park City Aquatic Team	P. Graf, C. Peterson, D. Ragland, J. Palmer
	200 Medley Relay	4:00.00	<b>1-Jan-06</b>	PCAT	Coming Soon	
	400 Medley Relay	5:03.88	<b>30-Jul-08</b>	PCAT	Park City Aquatic Team	C. Peterson, P. Graf, D. Ragland, J. Palmer
15 & O	50 Free	26.25	<b>28-Jul-10</b>	PCAT	Dusty Ragland	
	100 Free	57.02	<b>28-Jul-10</b>	PCAT	Dusty Ragland	
	200 Free	2:07.93	<b>28-Jul-10</b>	PCAT	Griffin Pool	
	400 Free	4:28.15	<b>28-Jul-10</b>	PCAT	Griffin Pool	
	800 Free	9:22.71	<b>28-Jul-10</b>	PCAT	Griffin Pool	
	1500 Free	18:27.46	<b>29-Jul-09</b>	PCAT	Griffin Pool	
	100 Back	1:06.01	<b>28-Jul-10</b>	PCAT	Hayden Peterson	
	200 Back	2:26.12	<b>28-Jul-10</b>	PCAT	Hayden Peterson	
	100 Breast	1:14.82	<b>28-Jul-10</b>	PCAT	Zach Carfi	
	200 Breast	2:45.26	<b>29-Jul-09</b>	PCAT	Ken Reese	
	100 Fly	1:03.40	<b>28-Jul-10</b>	PCAT	Ken Reese	
	200 Fly	2:25.78	<b>29-Jul-09</b>	PCAT	Griffin Pool	
	200 IM	2:30.54	<b>30-Jul-08</b>	PCAT	Ken Reese	
	400 IM	5:11.86	<b>29-Jul-09</b>	PCAT	Griffin Pool	
	200 Free Relay	1:46.95	<b>28-Jul-10</b>	PCAT	Park City Aquatic Team	K. Reese, G. Pool, C. Peterson, D. Ragland
	400 Free Relay	3:57.96	<b>29-Jul-09</b>	PCAT	Park City Aquatic Team	K. Reese, D. Ragland, C. Peterson, G. Pool
	200 Medley Relay	4:00.00	<b>1-May-10</b>	PCAT	Coming Soon	
	400 Medley Relay	4:25.70	<b>28-Jul-10</b>	PCAT	Park City Aquatic Team	C. Peterson, Z. Carfi, K. Reese, D. Ragland
Senior	50 Free	26.25	<b>28-Jul-10</b>	PCAT	Dusty Ragland	
	100 Free	57.02	<b>28-Jul-10</b>	PCAT	Dusty Ragland	
	200 Free	2:07.93	<b>28-Jul-10</b>	PCAT	Griffin Pool	
	400 Free	4:28.15	<b>28-Jul-10</b>	PCAT	Griffin Pool	
	800 Free	9:22.71	<b>29-Jul-09</b>	PCAT	Griffin Pool	
	1500 Free	18:27.46	<b>29-Jul-09</b>	PCAT	Griffin Pool	
	100 Back	1:06.01	<b>28-Jul-10</b>	PCAT	Hayden Peterson	
	200 Back	2:26.12	<b>28-Jul-10</b>	PCAT	Hayden Peterson	
	100 Breast	1:14.82	<b>28-Jul-10</b>	PCAT	Zach Carfi	
	200 Breast	2:45.26	<b>30-Jul-08</b>	PCAT	Ken Reese	
	100 Fly	1:03.40	<b>28-Jul-10</b>	PCAT	Ken Reese	
	200 Fly	2:25.78	<b>29-Jul-09</b>	PCAT	Griffin Pool	
	200 IM	2:30.54	<b>30-Jul-08</b>	PCAT	Ken Reese	
	400 IM	5:11.86	<b>29-Jul-09</b>	PCAT	Griffin Pool	
	200 Free Relay	1:46.95	<b>28-Jul-10</b>	PCAT	Park City Aquatic Team	K. Reese, G. Pool, C. Peterson, D. Ragland
	400 Free Relay	3:57.96	<b>29-Jul-09</b>	PCAT	Park City Aquatic Team	K. Reese, D. Ragland, C. Peterson, G. Pool
	200 Medley Relay	2:30.00	<b>25-Jul-07</b>	PCAT	Coming Soon	
	400 Medley Relay	4:25.70	<b>28-Jul-10</b>	PCAT	Park City Aquatic Team	C. Peterson, Z. Carfi, K. Reese, D. Ragland